

SAN ANTONIO ISD



Photos taken from said.net, Sep 2012



PARENT HANDOUT ON PINK EYE

OVERVIEW: Pink Eye, also known as conjunctivitis, is a swelling of the thin layer that covers the eye. This swelling can cause a pink color to the whites of the eyes giving it the name, Pink Eye. Pink eye is from having a virus, bacterial infection, or allergies that affect the eye.

SIGNS/SYMPTOMS:

- pink or red color to the whites of the eyes
- sensitivity to light
- increased tearing
- pus in eye
- itching, burning, irritation to eye

HOW IS IT TRANSMITTED: Pink eye is spread from having germs on hands that touch the eyes.

HOW IS IT DIAGNOSED: Having a history of recent infection or of being around somebody who has pink eye along with an examination of the eye.

PREVENTION MEASURES:

WASH HANDS!!!! DO NOT RUB EYES!!! Avoid people with pink eye. Do not share makeup, eye drops, towels, pillows, and blankets with somebody that has pink eye.

TREATMENT: Pink eye lasts 7-14 days with days 3-5 being the worst. Use cold packs to help with swelling. Use eye drops to keep eyes moist. Use antibiotic ointment if it is prescribed from the doctor.

COMPLICATIONS:

- A change in vision (seeing blurry)
 - A severe pain in eyes
 - Pink eye that lasts longer than 2-3 weeks
- ***If any of the above occur seek medical help.

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BOTTOM LINE:

Pink eye can be avoided by:

- Washing hands
- Not touching eyes
- Not sharing items with people that have pink eye

-Pink eye should clear up within 2-3 weeks using eye drops or antibiotic ointment. If pink eye seems to be getting worse seek medical help.



Information taken from cdc.gov.