



San Antonio Independent School District

Student & Academic Support Services Newsletter

Issue No. 2 | October 2021

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News & Events

SAISD students reap benefits of district & community partnerships

McKinney-Vento (MV) funding was allocated to support groceries for MV eligible families. Groceries were purchased to serve approximately 800 families. Support for this project came from HEB, Department of Governmental and Community Relations, Child Nutrition and Plant Services.



HEB provides volunteers to assist in sorting groceries in July and August at Pickett and Cooper, respectively. Teams of 15 and more than 20 were brought in by HEB. Student interns from various local high schools including Cast Med volunteered. FSSS Social Workers provided assistance and guidance.



The SAISD received a large delivery of underwear from Undies For Undies in early August. These "undies" went to many of the SAISD students including students in homeless situations.

Calendar

October is [World Bullying Prevention Month](#), [Domestic Violence Awareness Month](#) and [Emotional Wellness Month](#).

- Week of October **3rd to 9th**- [Mental Illness Awareness Week](#)
- October **04**- World Day of Bullying Prevention / Blue Shirt Day
- October **06**- Intl. Walk to School Day
- October **07**- National Depression Screening Day
- October **08**- [Compliance Training DUE](#)
- October **10**- World Mental Health Day
- October **11**- NO SCHOOL
- October **12**- [Board Meeting](#)
- October **13**- Bullying Prevention Day
- October **15**- [HR Vaccine Form Due](#)
- October **21**- Wear Purple for Domestic Violence Awareness Day
- October **28- 8:30-12 pm** Counselors and Social Workers respective professional development
- October **29- 1-4:30 pm** Counselors and Social Workers respective professional development cont'd
- October **31**- Halloween

CIS-SA now able to offer more mental health support for SAISD:

Clinical team welcomes new employees to Project Access, PACE Wellness and Metro Health domestic violence program.

The Project Access program provides short-term (8-10 sessions) intensive counseling services to students (and their families) who are enrolled as a case managed student at their CIS-SA school. Students referred to Project Access must first be enrolled into Communities In Schools through the CIS Site Coordinator on their campus.

WELCOME
Roxana Caldbeck

The Parent and Child Emotional Wellness Program (PACE Wellness Program) provides mental health services to Head Start students and their families at select campuses in SAISD. The counselor for each team provides intensive counseling services to students and their families who are referred by the district's Point of Contact. The social worker for each of the teams provides on-going case management and supportive guidance services and care even after counseling has completed to the referred students and their families.

WELCOME
Veronica Sandoval and Ashley Vargas

The Metro Health – Domestic Violence Program is our clinical program dedicated to providing counseling and mental health support to students (and their families) who have been affected by domestic violence. Our staff dedicated to this program can provide case management and counseling services to CIS-SA schools as well as campuses that may not have a CIS-SA Site Coordinator assigned to their campus. Referrals for this program can be made directly by the school staff or through the district's Handle With Care Social Workers.


WELCOME
Maritza Garcia-Pulido and Sara Carmona



For Review

- [ESC 20 Newsletter](#)
- [SAISD CIS-SA ROSTER 2021-2022](#)
- [HR Vaccine Survey Form](#)
- [Social Workers Drive Access](#)
- [Social Worker Handbook](#)
- [Social Worker Roster](#)
- [Communities in Schools 21-22 AsstSupList](#)

In the community:



What is the NAMI Basics Education Program?

NAMI Basics is a free, 6-week class for parents/guardians, caregivers, and other family members of youth (age 22 and younger) who have either been diagnosed with a mental health condition or are experiencing symptoms but have not yet been diagnosed. This course is also available in Spanish.

What You'll Gain


At NAMI Basics, you'll find out that you're not alone. Recovery is a journey, and there is hope. In this setting of NAMI Basics provides mutual support and shared positive impact—you can experience and reinforcement from people who understand your situation. You also can help others experience. NAMI Basics covers:

- Managing crises, solving problems and communicating effectively
- How to take care of yourself and handle stress
- Developing the confidence and stamina to support your child with compassion

The two online classes will be on:

- Wednesdays October 6 - November 11 6:30PM-8PM
- Mondays October 11 - November 15 6:30PM-8PM

[Continue reading here](#)



What is the NAMI Family-to-Family Education Program?

NAMI Family-to-Family is a free, 8-session education program specifically for family members, friends of adults (18+) who live with mental illness. The course is designed to facilitate a better understanding of mental illness, increase coping and empower participants to become advocates for their family. This program was designated as an evidence-based program by SAMHSA. The course is also available in Spanish, De Familia a Familia de NAMI.

What You'll Gain

NAMI Family-to-Family not only provides critical information and strategies for taking care of the loved one, but you'll also find out that you're not alone. Recovery is a journey, and there is hope. In this setting, you'll learn about:

- How to manage crises, solve problems, and communicate effectively
- Taking care of yourself and managing your stress

Dates are Classes being offered:

In-Person

Bulverde /Thursdays
October 14 - December 9 from 6:30PM-9PM
Downtown Area/Tuesdays
October 19 - December 7 from 6:30PM-9PM

Online

Saturdays
October 2 - November 20 from 9:30AM-Noon
Thursdays
October 7 - December 2 (skip Nov 25 for Thanksgiving) from 6:30PM-9PM

[Continue reading here](#)





GETTING RELATIONSHIPS RIGHT

Nationally certified presenter, Shelly Bosse, will lead this training to help attendees create a classroom environment where all young people learn to be and become their best selves.

OCTOBER 23, 2021
11:00 AM
[ZOOM LINK](#)
[PERFORMANCE MATTERS LINK](#)

Relationships are foundational to the positive cognitive, social, and emotional growth of our youth and research illustrates that the more developmental relationships youth have, the more positive their academic and life outcomes. But what are the elements of a developmental relationship? Join us to learn how each of us can contribute to the health and well-being of our children and youth by expressing care, challenging growth, expanding possibilities, sharing power, and providing support. Instructors for this course have been trained in Developmental Relationships Framework through the Search Institute.

80K+

In grant money awarded to SAISD Adult and Community Education. The Adult and Community Education Department offers a variety of courses to include High School Equivalency, English as a Second Language, Certifications, U.S. Citizenship and more.

200 in 2 years

Is the goal number of lawful permanent residents that will successfully apply for naturalization after completing coursework from SAISD Adult and Community Education in partnership with Catholic Charities of San Antonio.

210-554-2450 or 210-554-2453

Are the numbers to call to sign up families and guardians for the opportunities afforded to them.

This material is based upon work supported by the U.S. Department of Homeland Security under Grant Award Number, 21CICET00208-01-00. The views and conclusions contained in this document are those of the authors and should not be interpreted as necessarily representing the official policies, either expressed or implied, of the U.S. Department of Homeland Security.

[SEE HERE](#)



Features



Counselor Spotlight

WHO: Michelle Bain

WHERE: Briscoe Elementary

PHILOSOPHY: Branded her counseling program as "The Nest." The reason is Birds build nests :

- To keep their eggs safe
- To incubate their eggs
- To raise their chicks
- To protect their eggs and chicks from predators
- To protect their eggs and chicks from adverse weather conditions.



When confident, secure, and independent - the birds are strong enough to leave the nest and go out on their own. I feel that is what are job is to do with our students. In my nest, I do all the above but the end result is for them to be able to be independent learners and thinkers!

QUICK CONNECTION PRACTICE:

Morning greeting at the front door telling the students they are loved, welcomed and helping combat feelings of loneliness in their lives.

AN IDEA TO BORROW: Ms. Bain conducts "lunch bunch" groups where she eats with the entire class. During this time, students talk about favorite movies, restaurants, laugh and share stories. Be sure to rotate classes so all students can enjoy this intervention!



WHO IS CAMP OPEN TO?

Camp Heroes is open to children ages 7-11 who have experienced the death loss of a family member or friend.

Dates & how to apply.

A.A.T.S.P.C Offers Guidance to Families on Re-Entry to School after Student Hospitalization

This informational flyer (available in English and Spanish) from Alamo Area Teen Suicide Prevention Coalition is for families who have school-age children in inpatient care for mental health and is now available at San Antonio hospitals. It outlines the benefits of talking to school counselors so their students receive educational support.

Often, staff members such as teachers, coaches, and front office personnel find out a child has been hospitalized before their school counselor does. Please talk to your faculty about the importance of sharing this information with you, and ensure your campus has a notification process in place.

English

Spanish

LISTEN:



Trauma Informed Educators Network Podcast

The podcast was established out of the Trauma Informed Schools Network, a Facebook group with nearly 17,000 members from 100+ different countries. The network is designed to connect educators and practitioners around the world to share ideas, gain new ideas, and share resources!

[CLICK here to listen](#)

4 to Note

SHARE:



HOW TRAUMA IMPACTS SCHOOL PERFORMANCE

READ:

The BioEdSocial: A New Tool to Assess Student Well-Being with an Equity Lens

BOOKMARK:

Student Referral Form

SAISD has introduced a **NEW Student Referral form** that is being implemented by Social Workers, Counselors and Communities in Schools. This standardized form provides assistance for students and families regarding academic concerns, attendance issues, family basic needs, and referrals for external mental/medical assistance. Referrals can be made by campus faculty, staff, students and families.